

## Tattoo removal from the professionals

A survey in 2010 found that over a third of adults in the UK have a tattoo, with a further 32% thinking about having one done. This trend is set to rise as celebrities endorse this type of body art and it has become so quick and easy to get a tattoo done. But what happens if you don't want the tattoo any more? The number of people seeking tattoo removal is increasing, with an estimated 50% of people regretting their tattoos within ten years of having them.

The use of lasers to remove tattoos is regarded as the gold standard treatment and Lincoln is lucky enough to have one of the best laser practices in the East Midlands, Lincoln Laser Skincare (LLS). Established in 2007, the Care Quality Commission registered clinic is now firmly established as the areas leading dedicated laser and aesthetics skin clinic, treating anything from tattoo & pigment removal, hair removal to skin rejuvenation and cosmetic injectable treatments.

The clinic is run by registered nurses Deborah Crafts and Julian Kessler and the practice's reputation has grown as a result of their approach to dedicated patient care. Both Deborah and Julian have undertaken extensive training in the use of the latest laser technologies and have over 14 years combined experience in the field of aesthetic medicine.

Ongoing investment in the very latest technologies ensures that the most innovative solutions are available to improve their patients' skin. The clinic already provides successful medical grade laser tattoo removal and are about to add a brand new laser system which will sit perfectly alongside the other treatments already available. The new system will complete their suite of tattoo removal lasers, allowing the effective removal of all colours of ink including the difficult orange, yellow, and pink pigments. This will ensure that they can continue to offer the most effective tattoo removal treatments available. The new laser also offers an alternative form of skin rejuvenation, acne scarring treatment and epidermal and dermal pigment removal.

During laser tattoo removal the laser beam penetrates the skin and is absorbed by the ink pigments anchored in the dermis, causing them to fragment. This allows the immune system to mop up the reduced particles of ink and they are absorbed by the lymphatic system and eliminated from the body. The treatments are quick and highly effective.

Julian commented, "During the patient's initial consultation we discuss in detail what the treatment involves and how it works, we assess their skin type and we can then give an indication of the cost involved. A number of treatments are usually necessary over a period of months so you have to be willing to give it time to achieve the end result."

Innovation, investment and dedication are the cornerstones to the success of this clinic, and testament to this is the fact that many of their patients travel from all over the East Midlands area. The team are proud of what they have achieved and pleased that they are able to offer the latest treatments and high levels of experience in skincare and tattoo removal without travelling to the larger cities... it is here and thriving in Lincoln.

**Lincoln Laser Skincare - 3 Beaumont Fee, Lincoln LN1 1UH. T: 01522 575756. [www.lincolnlaserskincare.co.uk](http://www.lincolnlaserskincare.co.uk)**



*Before and after tattoo removal by LLS.*

